



Sample Menu

SACANDAGA

At every breakfast we offer:

- Juice
- Milk (Skim, 2%, and Soy)
- Hot Cereal
- Granola
- Fresh Fruit
- Hot Chocolate
- Cold Cereal
- Toast and Bagels
- Yogurt

Hot breakfast selections vary daily. Selections may include:

- Pancakes
- Scrambled Eggs with Bacon or Sausage
- French Toast
- Waffles
- Egg Sandwiches
- Breakfast Potatoes

At every lunch we offer:

- Juice
- Milk (Skim, 2%, and Soy)
- Soup
- Peanut Butter and Jelly
- Pasta or Potato Salad
- Salad Bar
- Fresh Fruit
- Tuna, Chicken or Egg Salad

Our main course varies daily. Selections may include:

- Grilled Cheese
- Chicken Nuggets
- Macaroni & Cheese
- Meatball Subs
- Chicken Sandwiches
- Pizza
- Tacos
- Deli Sandwiches

At every dinner we offer:

- Juice
- Milk (Skim, 2%, and Soy)
- Salad Bar
- Pasta Bar with Red or White Sauce
- Fresh Fruit
- Dessert

Our main course varies daily. Selections may include:

- Pizza Squares
- BBQ once every week
- Spaghetti
- Pot Roast
- Chicken Stir Fry
- Hamburgers
- Manicotti
- Turkey Dinner